



# Body Balance Therapy

Therapeutic Massage, Acupuncture & Cold Laser Treatments

## **TAVIS MILLER - RMT, MOT**

- Tavis Miller is a graduate of M.H. Vicars 2200 hr Massage Therapy program. He also graduated in Oct. 2021 from the Manual Osteopathic College of Canada. He is a self-motivated therapist who finds fulfilment in helping others. By utilizing: hydrotherapy, myofascial massage, trigger point and active inhibition techniques, he is able to provide therapeutic relief for clients.
- Tavis explains that a Osteopathic Manual Therapist is a bio-mechanical specialist. They employ light, gentle techniques to locate and correct imbalances in the body at their source. This allows for greater freedom of movement and the reduction or elimination of pain. Through the use of targeted specialized techniques, areas of dysfunction can often be restored to their natural alignment.
- M.O.T. is useful for treating a wide variety of conditions. Contact Tavis if you have any questions, he is always happy help.



TAVIS