

## Notification of Closing of Body Balance Therapy, 2022

A Message from Sandra Strangman, owner, BBT



As we all know, change is a part of life and after 30 years as the owner and operator of Body Balance Massage Therapy, I have decided to move into the **semi-retirement** phase of my life. While I am excited to make this change, I am also sad to announce that effective **May 7, 2022, Body Balance Therapeutic Massage and Acupuncture will permanently close.**

You are likely wondering how this change will affect you and that is understandable. I will do my best to make this transition as smooth as possible for all of you.

I plan to continue to offer my services (to existing clients only) on a part-time basis from a different location. I will provide my clients with more details about that in the coming weeks. Of course, if any of my clients want to speak to me directly, the office number will remain in service for another year.

Some of the Body Balance therapists have provided me with their new location and contact information, so you will know where you can continue to book with them. Others are not yet certain where they will be going, but they have provided me with their contact information along with their permission to share it with you. This information follows:

- **Dr. Halabi** – Synergy Sauna and Spa,  
10940 166A Street, Edmonton, Alberta, (780) 665 3735; [saharhalabi@shaw.ca](mailto:saharhalabi@shaw.ca);
- **Serina Cote** – Synergy Sauna and Spa (see above), [serinacatherine@gmail.com](mailto:serinacatherine@gmail.com);
- **Lesley Wiggins** – Alberta Homeopathic Integrative Health Clinic, 13137 – 156 Street, Edmonton, Alberta, [albertahomeopathicclinic.com](http://albertahomeopathicclinic.com), (780) 455 6123; [lesleywiggins.rmt.mot@gmail.com](mailto:lesleywiggins.rmt.mot@gmail.com), (306) 807 4439;
- **Sara Szabo** – Rise Physio, 11515B-105 Avenue, Edmonton Alberta [saraszabormt@gmail.com](mailto:saraszabormt@gmail.com), (780) 952 3522;

- **Tavis Miller** – [tavisrmtandmot@gmail.com](mailto:tavisrmtandmot@gmail.com), (780) 904 4898;
- **Denise Ferrance** – [denise.ferrance1@gmail.com](mailto:denise.ferrance1@gmail.com), (780) 975 0823

I am confident there will be little interruption in either the quality or the availability of service that Body Balance clients have come to expect

If you have any questions at all, you can call me (Sandra) at 780-455-1764 or [info@bodybalancetherapy.ca](mailto:info@bodybalancetherapy.ca).

I will continue to maintain the website and the Body Balance phone number for at least one year after the location closes.

### **Important information About Patient Files**

Please advise us within the next **30 days** if you would like your **file transferred** to your therapist or another location. We can do this electronically without charge. If you require a paper copy of your file, we must charge a \$20.00 processing fee. In either case, **we require a signed release** (click the button below to open the release form). Once we receive the signed release (and payment in the case of a paper file), we will forward your file to the clinic or therapist of your choice. In any event, we are required to store your file for 10 years after your last appointment as recommended by the Natural Health Practitioners of Canada. Thereafter, it will be destroyed.

The entire Body Balance team would like to thank you for supporting our clinic over these many years. We all look forward to continuing to meet your health and wellness requirements in the future from our various new locations.

***"Thank you and farewell to all our wonderful clients!  
We hope you continue to Find Balance and Live Better"***



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Authorization for Release of Patient Files

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